

Contact List

Rachel Parrott, PHR
 HR & Benefits Manager
 615-724-1882
RParrott@associatedpackaging.com

Leanne Lawson
 Account Executive
 615-385-8292
Leanne.Lawson@bbrown.com

Plan	Carrier	Phone		Website
Benefit Details	https://api.mybenefitsapp.com			
Medical	Cigna with the Open Access Plus network	800-997-1654		www.mycigna.com
GoodRx	www.goodrx.com			
Teladoc	800-835-2362		www.teladoc.com	
Dental	Cigna with the Cigna DPPO network	800-997-1654		www.mycigna.com
Vision	Cigna with the EyeMed network	888-353-2653		www.mycigna.com
Life	Mutual of Omaha Group #G000AWDW	Life Claims	800-877-5176	www.mutualofomaha.com
		Life Conversion	800-826-8054	
		Life Portability	877-466-8367	
Disability	Mutual of Omaha Group #G000AWDW	Disability Claims	800-877-5176	www.mutualofomaha.com/support/forms newdisabilityclaims@mutualofomaha.com
Accident	Mutual of Omaha Group #G000AWDW	800-775-8805		submitgrpacc@mutualofomaha.com www.mutualofomaha.com
Critical Illness	Mutual of Omaha Group #G000AWDW	800-775-8805		submitgrpci@mutualofomaha.com www.mutualofomaha.com
Health Saving Account (HSA) Dependent Care Flexible Spending Account (DCFSA)	Pinnacle Bank	888-282-2605		info@health.pnfp.com www.pnfp.com/HBlogin
Employee Assistance Program (EAP)	Mutual of Omaha Group #G000AWDW	800-316-2796		www.mutualofomaha.com/eap www.mycigna.com
	Cigna EAP Employer ID: associatedpackaging	877-622-4327 TTY/TDD users call 711		
Employee Resource Center	https://associatedpackaging.benefithub.com/app/home			

